

At Manor Drive Secondary Academy we aim to promote positive mental health and wellbeing for every member of our staff and student body. We pursue this aim using both whole school approaches and specialised, targeted interventions for individuals.

Our Academy Vision is: **“with knowledge strength, respect and ambition, we believe nothing is impossible for our learners.”**

This is underpinned by our belief in a whole school community which places wellbeing at the heart of all it does. Every person will be supported to ensure they are mentally and physically empowered to enjoy the journey of learning, aspiration and discovery.

Wellbeing Charter

As an Academy, we will:



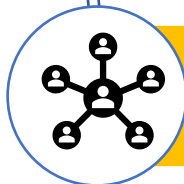
Ensure that wellbeing and mental health work is led by a Senior Manager supported by a member of staff with particular responsibility for mental health.



Create an open and inclusive Academy ethos which includes respect for those with mental ill health. Promote the benefits that physical activity and sport has on mental wellbeing.



Promote equality of opportunity and challenge mental health stigma through curriculum teaching and also promote wellbeing through tutorial programmes.



Provide appropriate mental health training for staff. Establish effective links with local health and voluntary sector mental health groups.



Encourage and collect student views on mental health and wellbeing by ensuring this is discussed at every 'student voice' meeting



Ensure a consistent and positive approach to staff wellbeing, provide relevant information to parents and carers.



Provide targeted individual mental health support where appropriate or alternatively signpost to external support services.

